

Knocknagree GAA Club Notes:
Lotto: Numbers drawn **5, 14, 25, 30** no winner
 €50 Emily Kelliher, Boston, Massachusetts
 €25 Brian O'Connor, Kilmarnock, Scotland
 €25 A. Finnegan, Waterford
 €25 Pat Kerrisk, Ballydesmond
 €25 Noreen McCarthy, Headford
 Seller's Prize €20 The Central Bar
Next week's Jackpot: €11,500
 The Fairfield Tavern 02/10/2017
 Thanks for investing in our community!!!
 Got a few hours on your hands? Would you like to join a crew of volunteer workers for occasional light maintenance work up at the GAA pitch? Contact Donnacha at (087) 9630317 or Jeremiah at (087) 9905165 Monthly club meeting in the hall this Wednesday at 8:30 sharp.

Gneeveguilla Athletic Club:
Lotto: No winner of our lotto draw 22/09/2017, numbers drawn were 14, 15, 25 & 27. Sellers prize winner Karen O' Mahoney. €50 Y/T prize winner John Kelliher Killarney, €50 to Catherine Fitzgerald Mologow, €40 to Jessie Murphy Ballydesmond, Robyn Brogan Galway & Caroline Murphy Scrahanfadda. Bonus not won numbers drawn were 4, 7, 27 & 29. Next week's jackpot €8,600 plus €1,000 bonus.

Kerry Minor's: Now that the dust has settled over the Kerry Minor Footballer's outstanding win over Derry last week-end it is worth noting that three of the team were prominent members of Gneeveguilla Athletic Club. Patrick Warren from Scrahanville was one of the top cross country runners for many years, taking many medals in his time. He was also an outstanding relay runner with the club. His sister Sinead is National Champion in The Discus & Hammer. His brother Shane is no bad athlete either, his mum Joan & dad Neale are trojan workers in the club. Christopher O' Donoghue from Clonkeen ran the first leg of our relay for many years and never left us down. He is son of Florrie, Kerry County Council & Marie of Rathmore Credit Union. Our third club member was the ever smiling Donal O' Sullivan from Kilgarvan. Donal represented Kerry at The National Community Games finals on several occasions. Glory came to Donal & the u13 relay team in 2012 in Tullamore when the club won 5 in a row All Ireland National Titles. The team on that day were Cian McCarthy, Gary Cronin, Cathal Collins, Brian Murphy, Sean Doherty & Donal O' Sullivan. Donal is son to mom Marie & dad Gabriel. We congratulate each of the lads and their families on a

fantastic performance. The three lads were buzzing in Croke Park, easy to see the Athletics background in them.

Gneeveguilla GAA Lotto numbers **5,6,8,15**
 No jackpot winner Next week's jackpot **€7,750.**
 €40 John Crowley Barra
 €40 Sean & Mags Kissane c/o J. Cronin
 €40 Billy McCarthy Village
 €30 Charles O' Leary Village
 €30 Mary O' Leary Village
 €20 Noreen O' Connor Yearly ticket
 Thanks for your continued support.

Gneeveguilla seniors away to Currow Saturday 30th September 3pm O Donoghue Cup.
Co League relegation playoff Gneeveguilla V St. Sennans Saturday October 21st 4pm in Castleisland.
Congratulations to Gneeveguilla u14 players and management on a great win over Rathmore in East Kerry Final.

Monthly meeting Monday at 9pm.
 Save the Date **Halloween fancy dress party** October 29th music by Movie Scene everyone welcome.

For all your **PAINTING & POWER WASHING NEEDS:** Contact **Jack Buckley 087 9864175.**

Fascia, Soffit & Gutter. New & old houses. Also gutter on sheds. C2 registered. **Contact: Paddy Crowley 087-2114481 or 064 7758337.**

Turf & Timber for Sale in trailer loads or bags – hardwood & softwood. Man available for cutting trees. Log splitting service available also tree felling. Phone Liam 087 9673881.

RATHMORE PHYSICAL THERAPY CLINIC
 * Back, Neck and Shoulder Pain Sports Injuries
 * Prescription Orthotics * Health Insurance
 Approved Contact: Dan O' Sullivan Bsc. ph. Th Shrone, Rathmore Phone: 086-8303031. (23/12/17)

Specialising in Old & New Houses
 Sewers, Footpaths, Septic Tanks, Soak Pits, Concrete Work, Driveways, Drainage, Patios, Kerbing, and Fencing & Lawns.
Tel: Frank O'Leary 087 6731808.

Tim & Denis Mc Carthy, Butchers Rathmore 086 2494438
Gluten Free Maryland €2 each
 GF Pork chop Spicy €1 each
 GF Kiev €2 each GF Pork Ribs €4.99 per kg
 GF Goujons €9 per kg GF Beef Burger €1 each
 GF Chicken fillet Spicy €1 each Free Range Eggs €2

Eveleen's Driving School – Beginner to Pre-Test Standard. Free door to door collection service.
Special offer available for EDT students.
Call 087 9864608.

Hedgecutting available. Hedgecutting at low rates around the Sliabh Luachra area. Insured for roadside cutting. Contact Con Riordan **087 0575727** or **087 0988344** (4/11/17)

Seasoned Mature Firewood For Sale in trailer load or bags delivered to your door. Kindling also available. Wood processor / log splitting service available Contact 086 1766511 or 087 1700431

William O'Connor Landscaping and Garden Maintenance
 Lawn cutting any size, hedge cutting and planting. Shrub beds with plastic, decorative stones, borders and planting. Yard Spraying and Powerwashing.
 Contact William 086 3758339

The Haven Beauty Salon is now operating from our new location in Scartagen.
 From July Open Tue. 12 – 7, Thurs. 10 – 8, Fri. 10 – 7, Sat. 8 – 4.
Call 087 142 1494
Prop. Sarah O'Connor-Fitzgerald

oxyvent
 Upgrade your heating to the new Delta T. This will greatly reduce fuel bills, give higher temperatures at floor level and a warmer home Free advice contact Tim; 064 7754449 Mobile 087 2461746
www.oxyvent.com

EDEL'S BEAUTY SALON, Barraduff.
 The Salon will be open Wednesday to Saturday.
October Offer
 Mini Thalgo facial which is tailored to each individual skin type & a relaxing back massage using hot stones for €50... or mini Thalgo facial which is tailored to each individual skin type & eye lash / brow tint and wax €40 For appt. call **087 0642929.**


Patrick Reen
Painting Services – Internal / External
Phone: 087 0954582 (02/6/18)

Power Washing, Painting and Gutter Cleaning
 Services available. Contact David on **087 3919682**

Sewing to Suit
 Clothing Alteration & Repairs - Curtain Alterations
Cáit McCarthy O'Connor
Knockanes, Headford 087 6207030

Knocknagree Hall Committee are holding **BINGO** on **Sat. Oct. 7th @ 8.45pm** in **Community Centre Knocknagree.** Tea, Coffee and home baking will be served free on the night. Everybody welcome.
 Please note that we also have folding chairs for sale €5 each contact Mary O'Connor 087 2270895 (7/10)
Music classes with Henry Cronin beginning on Tues Oct 3rd 3.30pm to 5.30pm in hall

Knocknagree (Open to Primary and Post Primary students) Contact Henry (087)9227944 (14/10/)

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Contact Shane O' Keeffe (087) 6135891 (30/12/17)

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Miles Takes You 3% Further
 Monthly Offers
 Bachelors Handy 3 Pack Beans/Peas - Only €2.00
 Knorr Soup Packet Range - 2 for €2.00
 Oreo Range & Jammie Dodgers Only €1.00
 Barry's Tea Original 80's - Only €2.50
 Maxwell House 100g - Only €2.50
Call in to avail of our Deli Offers and Seattle's Best Coffee
Open Daily - 7.30am - 10pm

If you have a chronic illness and want a natural solution, contact me. Marie at **Gwella Health Solutions.** Based in Rathmore. Using homeopathy, herbs and supplement SAFELY, which has no contra-indications with your normal medication.
 Tel: 064 7761684/0851367488
 Also, 5 classes to run in **GNEEVEGUILLA TEÁCH FAILTE** explaining what are complimentary therapies and when to use them.
Enrolment Thursday 5th October at 7pm and covering problems like digestion, skin, hormones and stress (21/10/2017)

Rathmore/Gneeveguilla Community Games: Our Annual General Meeting will take place on Monday October 2nd at 8.30pm: Venue: Teach Isagain. For those parents who are new to Community Games please come along to learn more about our organisation and what can be achieved in our area for all our children. Look forward to seeing new and old members. Follow us on facebook for more information. Rathmore Gneeveguilla Community Games

Rathmore & District Credit Union

Poster Competition: It's that time of the year again for our Poster competition. We hope all the children will avail of this opportunity to put their artistic skills to the test. All Schools and children should have their entry forms and posters by now. We look forward to a big entry this year.

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- Loans available at competitive rates of interest.
- Optional Repayment Protection Insurance on Loans.
- Free Death Benefit Insurance €1950 (once you are a member before age 70)
- Your savings are being used in your own community.
- Special low interest rate for 3rd level students & apprentices.
- Paypoint (pay Household bills, Credit top ups, Property Tax etc)
- Electronic Funds Service. The EFT service is now widely used by most of our members. This means that you can do your business through your credit union account

All Direct Debits e.g. Local property tax, household bills, insurance payments, Electronic transfers. Wages paid into our Credit Union accounts, Department payments etc.

- Laser/Debit card Payments
- Office opened 6 days a week (late opening Friday)

Sliabh Luachra Comhaltas

MUSIC CLASSES: Music classes with Nicky McAuliffe return on Monday 2nd October from 6pm.

JUNIOR SET DANCING CLASSES continue in Teach Fáilte, Gneeveguilla every Wednesday at 6:15pm. All Welcome. For further information and registration contact our set dancing teacher, Marie Sheehan on 083-0045432.

AGM: Sliabh Luachra Comhaltas will hold their AGM on Wednesday 4th October at 9:30pm in Teach Fáilte Gneeveguilla. All very welcome to attend and voice ideas for the future of the branch.

Rathmore Community Council:

Rathmore received 235 points in tidy town competition. A lot done more to do, thanks & congratulations to everyone who came and helped out with clean up every Tuesday evening and indeed all over the summer months. A greater effort needed for next year to ensure that we increase the points. The winner of the overall award was Birdhill in Tipperary who had 332 points. Sneem were in the same category as Rathmore and won with 325 points. **Marian players Rathmore panto Group** are holding a **Clothes Collection on October 28th** taking shoes, bags, curtains etc. except pillows and duvets. More information contact Eilish 0861038112, Mary 0871247373, Breda 0872449731

Tureencahill Community Group: COMPUTER CLASSES ..Kerry ETB Are Running (6Weeks) 11am - 1pm Starting 7th Oct ... Course Fee €20 @ Tureencahill Community Centre Tel 0877564795

Buteyko Breathing Technique Course

commencing **Monday 2nd October @ 7.30 pm** for 3 weeks, 1 night per week in Teach Isagain. The Buteyko Technique is **Clinically** proven to, **REVERSE** Asthma, Rhinitis/Sinusitis, Hay Fever, Phlgem **STOPS** Snoring, Sleep Apnoea, Insomnia, Racing Mind, Coughing and Wheezing, **IMPROVES** ability to handle stress and anxiety, **ELIMINATES** Breath shock when exercising **RE-TRAIN** who are not breathing correctly, **RETURN** To proper sleep pattern
To book place on this course Call **087 2888840**

At the recent Killarney MD meeting, Cllr Maura Healy-Rae asked KCC to carry out further works on the Cullawa River as there is still some parts blocked with trees and this could potentially cause flooding in the winter months. She also explained that while good work was done, the silt and the gravel wasn't removed and this must be done. KCC responded by saying "An assessment by the Municipal District Engineer and Biodiversity Officer will be carried out. If appropriate, an application for funding will be made available to the OPW".

Cumann Luachra meeting Tues. Oct. 3rd at 8.30pm in Teach Fáilte

Mc Carthys Convent Place, Rathmore

Phone: 064 7758053 Mob: 087 2230595



Gem Raisins / Sultanas / Fruit Mix/ Glace Cherries / Demerara/ Soft Dark Brown / Castor Sugar 100g -1kg only €1 each	Londis Iced / Fruit Queens 12pk 2 for €3	Londis Still Water 5 lt. Half Price €1
Nescafe Gold 100g only €3.00	Londis Firelogs 4 For €5.00	Kelloggs Cornflakes 790g only €2.50
Glenmore Fresh Irish Chicken 1.8kg Only €5.00	Mars Funsizer Range only €2.50	Eye of Round €9.99 per kg
Londis Med. Farm Fresh Eggs 6's Only €1.00	HB Vanilla Ice Cream only €1.50	Carbolic soap back in stock 3 for €3.00

This week's BEEF & LAMB comes from Cahillane Meats, Killorglin.

House to Let: 3 Bedroom Bungalow, Rathmore.
Contact: Sheila 086 3039271 (30/9/17)

Summer Savings at O'Keeffes Rathmore.
Westland Multi Purpose Compost 70l €5
Westland Compost + John Innes 60l €5
Westland Bark Mulch €6.99
Hygeia Lawn Gold Moss Remover + Fertiliser €29.95
Moss Buster 5l €24
Michelin mpx100 Powerwasher €65
Powerplus 22.5cc Petrol Hedge Trimmer €160
Kettle BBQ €29.95
Brita Water Filter Jug + 3 Filters €28
Dulux W/Shield White 11l €42.95
Dulux W/Shield Colour 10l €55
Fencelife 12l €12.95
Much more in store.



O'Keeffes Rathmore Mon - Fri 8.30am-5.00pm Sat - 8.30am-1.30pm

Sliabh Luachra Hair Designs

Prop. Helena O'Keeffe, Gneeveguilla.

Tel. 087 6153412

Open Tue-Sat By appointment only

Open late Wed & Thurs. (1/10/17)

McCarthy's Quik-Pick / Gneeveguilla P.O.

Breakfast Cereals 450g Kelloggs Corn Flakes €1.75 510g Rice Krispies €3 750g special K €4	Groceries Odlums Plain flour 2kg €2.50 Brandy Dog 2.5kg €4 Zip High Performance 40's €3
Frozen 2 x 450g Birds Eye Broccoli €2.50 2 x 450g B/E Brussel sprouts €2.50 Donegal Catch €4 Chunky Cod 500g Box €5.99	Confectionary/Minerals Volvic Water 1 ltr. €1 4 pack Picnic, Wispa, Crunchie €1.50 2 x 1 ltr Lucozade €3.50 2 x 1.75 ltr Coke €3.80

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Staff of the Bon Secours Hospital Tralee are raising funds to travel to Sudan on 27th December for 1 week to help those in need. Annette (one of the staff) will host a 31 Card Drive as a way of raising funds to purchase medical supplies for our trip to Sudan. Date: 6th October 2017 Venue: St Agathas Parish Hall, Glenflesk at 8pm €10 per player. Please Support

Sliabh Luachra Macra are holding a new members meeting on Friday 6th October in Billy Murphy's Bar Boherbue at 9.30. All welcome to attend

Cllr Niall Kelleher is delighted to confirm that 20 houses will be built by Kerry County Council construction is due to commence in April 2018 and be ready for occupation in May 2019 and also €35k has been allocated for the upgrading of water mains in Gleann Rua.

