

**Knocknagree GAA Club Notes:**

**Lotto:** Numbers drawn **8, 18, 22, 26** no winner

€50 Paddy Crowley, Rathmore

€25 P. J. Kiernan, c/o Paps Bar

€25 Tim Fleming, Kiskeam

€25 Brenda Culloty, Gleann Rua, Rathmore

€25 Mark O'Flynn, Facebook

Seller's Prize €20 Edmund McSweeney

**Next week's Jackpot: €11,600**

The Paps Bar 09/10/2017

**Knocknagree** Does Lip Sync Launch Night, @ Sheehan's Bar @ 9.30pm Friday 13th October. ALL WELCOME!!!

Best wishes to **Knocknagree Ladies** Football Club in the County final this Sunday.

Best of luck to the **Knocknagree Minor team** in their championship final v Sliabh Luachra Gaels in Boherbue this Sunday at 3pm. Please support.

**Gneeveguilla Athletic Club:**

**Lotto;** No winner of our lotto 29/09/2017, numbers drawn were **8, 12, 21 & 30**. Sellers prize winner Karen c/o Petro's Bar. €50 Y/T prize winner Tom Hickey Riverstick, €50 Jerome & Marie Casey Boherbue, €40 to Catherine Fitzgerald Mologow, Mark Healy Kilcorney & John Breen Knocknagree. Bonus not won numbers drawn were 3, 7, 8 & 24.

**Next week's jackpot €8,800 plus €1,000 bonus.**

**Cross Country:** The cross country season got off to a good start in The Demense Killanrey on Sunday last where we had the Juvenile even age, U18, u23 & novice age groups. Gneeveguilla Athletic Club had a good outing with Oisín O' Leary 2<sup>nd</sup> u10 boys, Ben Murphy 3<sup>rd</sup> U16, Jack O' leary 5<sup>th</sup> U16, Andrew Purcell 2<sup>nd</sup> U23. Our U10 girls were 2<sup>nd</sup> team Kate Healy, Aoihbheann McSweeney, Siobhan Hickey & Kate Culloty, also we had a 3<sup>rd</sup> team placing, girls were Zoe Counihan, Daisy Cremin, Hannah Casey, Elanna Brosnan & Chloe O' Donoghue. Next Sunday we have U9 to U19's plus Intermediate & Master age groups in William Denny's Farm Currow at 11.00 am

**Couch To 5K:** Our Couch to 5K programme begins Monday October 2<sup>nd</sup> at 7.30 pm in Barradubh Field at 7.30pm and each Wednesday and Friday there after. The programme is an eight week programme. Do come along and give it a go!

**Gneeveguilla GAA** lotto numbers **2,5,18,23**

No jackpot winner next week's jackpot €8000

€40 Fionn c/o Mai Murphy

€40 Threase Carmody c/o Gobnait

€40 Cian + Olivia c/o J Barry

€30 Dave Carroll Jibb

€30 Emma Fleming Furies

€20 Pippa + Ben Murphy Yearly ticket

Gneeveguilla seniors away to Cordal Saturday 7th at 4.30 O'Donoghue cup.

Gneeveguilla seniors v St Sennans Saturday October 21st at 4pm in Castleisland.

Gneeveguilla AGM will be held on Friday December 1st.

Gneeveguilla GAA Halloween fancy dress party Sunday October 29th music by Movie Scene everyone welcome.

Our Club gear is now available to purchase on the O'Neills website. Contact information is on Gneeveguilla GAA facebook.

For all your **PAINTING & POWER WASHING NEEDS:** Contact **Jack Buckley 087 9864175.**

**Fascia, Soffit & Gutter.** New & old houses. Also gutter on sheds. C2 registered. **Contact: Paddy Crowley 087-2114481 or 064 7758337.**

**Turf & Timber for Sale** in trailer loads or bags – hardwood & softwood. Man available for cutting trees. Log splitting service available also tree felling. Phone Liam 087 9673881.

**RATHMORE PHYSICAL THERAPY CLINIC**

\* Back, Neck and Shoulder Pain Sports Injuries  
\* Prescription Orthotics \* Health Insurance  
Approved Contact: Dan O' Sullivan Bsc. ph. Th Shrone, Rathmore Phone: 086-8303031. (23/12/17)

**Specialising in Old & New Houses**  
Sewers, Footpaths, Septic Tanks, Soak Pits, Concrete Work, Driveways, Drainage, Patios, Kerbing, and Fencing & Lawns.

**Tel: Frank O'Leary 087 6731808.**

**Tim & Denis Mc Carthy, Butchers Rathmore 086 2494438**

3 lbs diced beef €10 Chicken Fillet plain €1 each  
3 lbs minced steak €10 Chicken fillet spicy €1 each  
Boiling beef on bone €6.99 kg  
T. Bone Steak €16.99 kg Chicken Kiev GF €2 each  
Chicken Maryland GF €2 each

**Eveleen's Driving School** – Beginner to Pre-Test Standard. Free door to door collection service.  
**Special offer available for EDT students.**  
**Call 087 9864608.**

**Hedgecutting available.** Hedgecutting at low rates around the Sliabh Luachra area. Insured for roadside cutting. Contact Con Riordan **087 0575727** or **087 0988344** (4/11/17)

**Seasoned Mature Firewood For Sale** in trailer load or bags delivered to your door. Kindling also available. Wood processor / log splitting service available. Contact 086 1766511 or 087 1700431 (24/2/18)

**William O'Connor Landscaping and Garden Maintenance**

Lawn cutting any size, hedge cutting and planting. Shrub beds with plastic, decorative stones, borders and planting. Yard Spraying and Powerwashing.  
Contact William 086 3758339

**The Haven Beauty Salon is now operating from our new location in Scartagen.**

From July Open Tue. 12 – 7, Thurs. 10 – 8, Fri. 10 – 7, Sat. 8 – 4.

**Call 087 142 1494**  
**Prop. Susan O'Connor-Fitzgerald**

Upgrade your heating to the new Delta T. This will greatly reduce fuel bills, give higher temperatures at floor level and a warmer home Free advice contact Tim; 064 7754449 Mobile 087 2461746  
[www.oxyvent.com](http://www.oxyvent.com)

**EDEL'S BEAUTY SALON, Barraduff.**

The Salon will be open Wednesday to Saturday.  
**October Offer**  
Mini Thalgo facial which is tailored to each individual skin type & a relaxing back massage using hot stones for €50... or mini Thalgo facial which is tailored to each individual skin type & eye lash / brow tint and wax €40 For appt. call **087 0642929.**

**Patrick Reen**

**Painting Services – Internal / External**  
**Phone: 087 0954582** (02/6/18)

**Power Washing, Painting and Gutter Cleaning Services available.** Contact **David on 087 3919682** (9/12/17)

**Knocknagree Hall Committee** are holding **BINGO** on **Sat. Oct. 7<sup>th</sup> @ 8.45pm** in **Community Centre Knocknagree.** Tea, Coffee and home baking will be served free on the night. Everybody welcome.


Please note that we also have folding chairs for sale €5 each contact Mary O'Connor 087 2270895 (7/10)  
**Music classes with Henry Cronin beginning on Tues Oct 3<sup>rd</sup> 3.30pm to 5.30pm in hall**  
**Knocknagree (Open to Primary and Post Primary students) Contact Henry (087)9227944 (14/10/)**

**BLUEflame** Advanced Chimney Care certification  **Be prepared for the Winter**

- Power Sweep all Flue types
- Camera Inspections
- Chimney Analysis
- Chemical Creosote Removal

**Contact Shane O' Keeffe (087) 6135891 (30/12/17)**

**Fuels @ O'Keeffe's Oil, Rathmore**  
Tel: 064 7758013

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**Cut Price Petrol and Diesel**  
**Miles Takes You 3% Further**  
Monthly Offers

Bachelors Handy 3 Pack Beans/Peas - Only €2.00  
Knorr Soup Packet Range - 2 for €2.00  
Oreo Range & Jammie Dodgers Only €1.00  
Barry's Tea Original 80's - Only €2.50  
Maxwell House 100g - Only €2.50  
**Call in to avail of our Deli Offers and Seattle's Best Coffee**  
**Open Daily - 7.30am - 10pm**

**Rathmore & District Credit Union**

**International Credit Union Day:** This day is celebrated world wide on the 3rd Thursday in October each year. This year's theme, "Dreams Thrive Here" celebrates how credit unions serve as catalysts to make personal choices and career paths real. Credit unions are not-for-profit financial cooperatives that provide an effective and viable alternative to for-profit financial institutions for over 231 million members in 109 countries worldwide. More than 68,000 credit unions exist globally, providing a plethora of financial services for their members, recognised as a force for positive economic and social change.

For over 50 years credit unions have been trusted to meet the financial, economic and social needs in communities across Ireland. They pool their members assets to provide low cost loans and other financial services in the best interest of the members and not to earn shareholder profits.

**Rathmore Community Council** welcomes the great news for Rathmore.

This week Rathmore has been approved for the 2017 Town & Village Renewal Scheme and will receive €100,000 to improve Main Street, Rathmore. These funds are the first steps in renovations and improvements to our community.

**Marian players Rathmore panto Group** are holding a **Clothes Collection on October 28<sup>th</sup>** taking shoes, bags, curtains etc. except pillows and duvets. More information contact Eilish 0861038112, Mary 0871247373, Breda 0872449731

**Sewing to Suit**

Clothing Alteration & Repairs - Curtain Alterations

**Cáit McCarthy O'Connor**

**Knockanes, Headford 087 620703**

**Tureencahill Community Group: YOGA**  
CLASSES In Tureencahill Community Centre Tues 17 Oct 7pm (7Wk) €70pp **BOOKING ESSENTIAL**  
086 3159744

**The Friends of the Children of Chernobyl**  
**Rathmore Branch** are having their annual Fashion Show on Thursday 19<sup>th</sup> October in the Community Centre in Rathmore at 8.00pm. Tickets are €12.00. Please contact the following for tickets: Betty 087 6323922 / Mairead 086 0653369 / Eileen 086 1733094 (14/10/17)

**GALA GNEEVEGUILLA**



**Special Offers**

Kittensoft 24 Roll - €10

Daz 65 Wash - €10

Tresemme Shampoo/ Conditioner - €2

Lynx Shower Gel - €3

Kenco Millicano - €4

Cidona 2ltr - €2

Kellogg's Corn Flakes 750g - €3

Fairy Liquid 625ml - €2

Cadbury Mutlipack Bars - €2

O'Shea's Kerr Pinks 5kg - €5.50

(14/10/17)

If you have a chronic illness and want a natural solution, contact me. Marie at **Gwella Health Solutions**. Based in Rathmore. Using homeopathy, herbs and supplement SAFELY, which has no contra-indications with your normal medication. Tel: 064 7761684/0851367488

Also, 5 **classes to run in GNEEVEGUILLA TEÁCH FAILTE** explaining what are complimentary therapies and when to use them. **Enrolment Thursday 5th October at 7pm** and covering problems like digestion, skin, hormones and stress (21/10/2017)

**Mc Carthys**  
**Convent Place, Rathmore**  
**Phone: 064 7758053**  
**Mob: 087 2230595**



Gem Raisins / Sultanas / Fruit Mix/ Glace	Londis Iced / Fruit Queens 12pk 2 for €3	Londis Still Water 5 lt. Half Price €1
Nescafe Gold 100g only €3.00	Londis Firelogs 4 For €5.00	Kelloggs Cornflakes 790g only €2.50
Glenmore Fresh Irish Chicken 1.8kg Only €5.00	Mars Funsize Range only €2.50	Eye of Round €9.99 per kg
Londis Med. Farm Fresh Eggs 6's Only €1.00	HB Vanilla Ice Cream only €1.50	Carbolic soap back in stock 3 for €3.00

This week's BEEF & LAMB comes from Cahillane Meats, Killorglin.

**Summer Savings at O'Keeffes Rathmore.**

Westland Multi Purpose Compost 70l €5  
Westland Compost + John Innes 60l €5  
Westland Bark Mulch €6.99  
Hygeia Lawn Gold Moss Remover + Fertiliser €29.95  
Moss Buster 5l €24  
Michelin mpx100 Powerwasher €65  
Powerplus 22.5cc Petrol Hedge Trimmer €160  
Kettle BBQ €29.95  
Brita Water Filter Jug + 3 Filters €28  
Dulux W/Shield White 11l €42.95  
Dulux W/Shield Colour 10l €55  
Fencelife 12l €12.95  
Much more in store.



**O'Keeffes Rathmore Mon - Fri 8.30am-5.00pm**  
**Sat - 8.30am-1.30pm**

**McCarthy's Quik-Pick / Gneeveguilla P.O.**

<b>Breakfast Cereals</b> 450g Kelloggs Corn Flakes €1.75 510g Rice Krispies €3 750g special K €4	<b>Groceries</b> Odlums Plain flour 2kg €2.50 Brandy Dog 2.5kg €4 Zip High Performance 40's €3
<b>Frozen</b> 2 x 450g Birds Eye Broccoli €2.50 2 x 450g B/E Brussel sprouts €2.50 Donegal Catch €4 Chunky Cod 500g Box €5.99	<b>Confectionary/Minerals</b> Volvic Water 1 ltr. €1 4 pack Picnic, Wispa, Crunchie €1.50 2 x 1 ltr Lucozade €3.50 2 x 1.75 ltr Coke €3.80

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Danny Healy-Rae TD would like to welcome the €100,000 that Rathmore will receive from the Town and Village Renewal Scheme for enhancement works. "I think that this funding is vital for economic development and I am delighted, that following numerous representations by myself and Maura Healy-Rae to the Minister, the money sought for has been granted."

**Dance** in Edel Quinn Hall Kanturk on **Friday 13<sup>th</sup> Oct.** in aid of Kanturk and Millstreet hospitals. Dancing 9pm to 1am. Full details on Facebook

